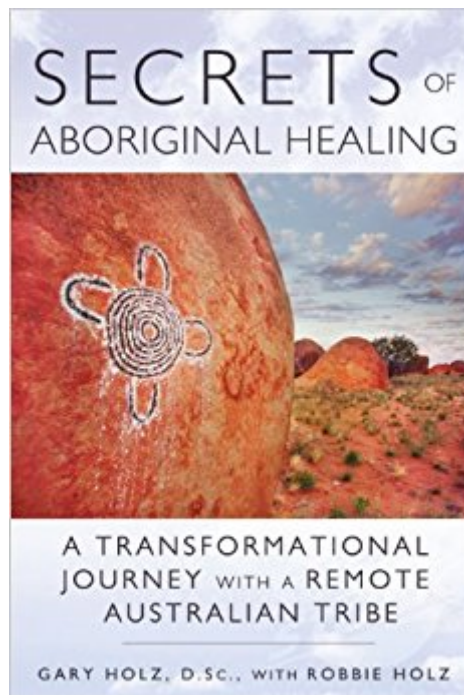




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# **Secrets Of Aboriginal Healing: A Physicist's Journey With A Remote Australian Tribe**



## Synopsis

A guide to the 60,000-year-old healing system of the Aborigines revealed through one man's journey to overcome multiple sclerosis. Written at the request of the Aboriginal people the author stayed with. Explores the use of dreamtime, spirit guides, and telepathy to discover and reprogram the subconscious motivations, thought patterns, and beliefs behind illness. Reveals how to tap in to healing support through the body/mind/spirit connection. Nautilus Silver Medal Winner and ForeWord Reviews Book of the Year Finalist. In 1983 award-winning physicist Gary Holz was diagnosed with chronic progressive multiple sclerosis. By 1988 he was a quadriplegic. Then, in 1994, his doctors told him he had two years to live. Desperate and depressed, he followed a synchronistic suggestion and went to Australia to live with a remote Aboriginal tribe. Arriving in a wheelchair, alone, with almost no feeling left from the neck down, Holz embarked on a remarkable healing transformation of body, mind, and spirit and discovered his own gift for healing others. Written at the request of the Aboriginal healers Holz worked with, this book reveals the beliefs and principles of the 60,000-year-old healing system of the Aborigines of Australia, the world's oldest continuous culture. Chronicling the step-by-step process that led to his miraculous recovery, he explains the role played by thought in the creation of health or disease and details the five essential steps in the Aboriginal healing process. He explores the use of dreamtime, spirit guides, and telepathy to discover and reprogram the subconscious motivations behind illness--a process that enacts healing at the cellular and the soul level, where the root of physical illness is found. Supported by modern science, including quantum physics, Aboriginal medicine enables each of us to tap in to healing support through the power of the body/mind/spirit connection.

## Book Information

Paperback: 128 pages

Publisher: Bear & Company; 2 edition (September 2, 2013)

Language: English

ISBN-10: 1591431751

ISBN-13: 978-1591431756

Product Dimensions: 6 x 0.4 x 9 inches

Shipping Weight: 7.2 ounces (View shipping rates and policies)

Average Customer Review: 4.4 out of 5 stars 99 customer reviews

Best Sellers Rank: #320,697 in Books (See Top 100 in Books) #34 in Books > Health, Fitness

& Dieting > Diseases & Physical Ailments > Multiple Sclerosis #327 in [Books > Health, Fitness & Dieting > Alternative Medicine > Holistic](#) #1476 in [Books > Religion & Spirituality > New Age & Spirituality > Mental & Spiritual Healing](#)

## Customer Reviews

"What so many of us seek is not more information but guided wisdom that resonates with a deep place in our soul. One of love, nurturing, and truth that acts as another breadcrumb on the path to our true selves and healing at all levels. Robbie and Gary Holz's footsteps on this sacred journey are what they share with readers in this book and in their work." (Rik Roberts, psychologist and retired journalist)

"Secrets of Aboriginal Healing is more than a manual for understanding Aboriginal healing secrets. It is an inspiring memoir that provides an immediate soul-healing to anyone who reads it." (Robert Simmons, Metaguide Magazine/Heaven & Earth Publishing, January 2014)

"Secrets of Aboriginal Healing demonstrates how--against all odds--an ordinary human being can participate in their own healing process and move from extreme illness to high-level wellness. A must read for anyone who wants to gain freedom from disease and other challenging circumstances." (Marilyn McGuire, founder of Nautilus Book Awards)

"In this dramatic and inspiring book Gary Holz charts a course on how intuition, surrender, and willingness are essential to the heroic journey of healing oneself." (Ward Serrill, filmmaker, director, and writer of the award-winning film *The Heart of the Game*)". . . allows us a special glimpse into the heart of the Aboriginal world. It offers us insights into an ancient system of healing that touches on all aspects of wellness, from the physical to the spiritual to the emotional." (Joy Parker, coauthor of *Woman Who Glows in the Dark* and *Maya Cosmos*)

"This story inspires us to engage our own life more fully--to awaken our own inner capacity for well-being--no matter where we find ourselves." (Jim Macartney, author of *Crisis to Creation: Our Power of Choice*)

"Anyone who needs to heal would enjoy this book." (Krysta Gibson, editor of *New Spirit Journal*)

"Different from most self-help books, *Secrets of Aboriginal Healing* gives a more personal voice to learning about the healing powers we each have inside of us." (Pat Ratliff, editor of *Edmonds Beacon*)

Gary Holz, D.Sc. (1950-2007), was an award-winning physicist and a psycho-neuro-immunologist. In 1994, confined to a wheelchair with multiple sclerosis, he went to Australia to stay with an Aboriginal tribe and experienced miraculous healing. Robbie Holz is a holistic health consultant dedicated to continuing the healing work of her late husband. She healed herself of hepatitis C and has also worked with Aboriginal healers in Australia. She lives near Seattle.

This book was inspiring, to say the least. I read this hoping to gain some insight into how I might cure my rheumatoid arthritis, and I was not disappointed. I found the message within the book to be largely related to the emotional component of autoimmune diseases, and this is something I've been focusing on in attempting to cure my own RA. I've noticed that I always feel better when I deal with my emotional "stuff." I appreciate that the author had not fully cured his MS, but rather found solace in small improvements to the disease. I learned a lot from this book. It was simple to read and authentic in its message. I highly recommend for anyone seeking answers to why they struggle with disease. I believe in the power of the mind, and this book absolutely verified that the mind is at the core of disease. I love learning about the Australian Aboriginals, and I only wished I could have gotten even a deeper insight into their culture -- but that wasn't the experience of the author. I can totally appreciate that. Loved the book.

More and more we are learning how our beliefs and our emotions are a root cause of our experiencing of diseases in life. Gary Holz presents a wonderful story of his own experiences in overcoming his debilitating and rapidly declining health with Multiple Sclerosis (MS). As a successful scientist with absolute beliefs that there is no such thing as Spirits or alternative healing methods, he is faced with only a few months to live, when he finds himself following his "intuition" and travels to Australia to live in an Aboriginal village and be healed by the village healers. During his stay, his whole belief system is "re-programmed" to the understanding that we are all connected and actually are the "creators" of our own lives, and dis-eases. He learns that by changing our beliefs, we can bring about greater health, happiness, and real wealth in our lives. Gary recovered from his MS and went on to becoming a very successful healer in his own right. We have so much we can learn from the Aboriginal cultures of the world, and the future of medicine and healing is to be found in these ancient practices.

A exciting story of how the real healing takes place. This is something you might need to read if you are suffering from any illness. It gets to the root of why we are sick and how to heal. I found it very good. I want to give it to everyone. Altho you have to believe and do the work. Sp it won't work for everyone but it could.

Very good read. One of those books that will take a few reads to really grasp everything.

I just lent a copy of this book to a lawyer in my neighborhood who is in a wheelchair and apparently suffers paralysis as the scientist in this book did. It's a very mysterious and fascinating book although the cure doesn't seem that far from some Western ways. Enjoy. I hope it helps you!

The writing is clear, to the point and easy to read. The authors have shared a fascinating story and provided us with a window into the ancient world of Aboriginal Healing techniques which definitely work. I strongly recommend that anyone who wants to get to the root cause of all healing practices buy this book and read it.

This was a interesting book. Basically, you need to clear out the garbage from your past in order to stay healthy. I actually enjoyed reading about the Aboriginies and their life style more than the authors' transformation.....but, that just may be me. Very small book so don't expect a large volume.

I have been told that the journey from the head to the heart is the longest one some of us will ever take. This book is a story of that journey. The concept that to heal the body, one must also heal the mind and the spirit is not new, but is magnificently presented here. I am grateful to the authors for sharing the story.

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